



Keep Travelling,
Keep Smiling.

7D LAND OF THUNDER DRAGON - BHUTAN

(BHUT7)

Introduction:

- The **Kingdom of Bhutan** is a tranquil country where you can explore the ancient cultures, beautiful landscapes and magnificent architecture. Bhutan, called Druk Yul by its people, is known as the "Land of the Thunder Dragon". It is one of the world's most beautiful, yet mysterious places. Ctc Travel designs the 7 days Bhutan Tour takes the visitors to the realm of multiple exposures, adventures and a sigh of relief as if the person has reached to the seventh heaven on earth. We also initiate to provide visitors the real taste of the existing daily lives of the Bhutanese in a close shot.

Day 1: SINGAPORE → PARO – THIMPHU (D)

- Early morning flight into Paro (via Guwahati). Paro is at an altitude of 2300m above sea level. Met by our representative and then drive to Thimphu - the only capital in the world without any traffic lights.
- Memorial Chorten**, The Chorten is also a center of worship for the people living in Thimphu.
- General Postal Office Bhutan**, an old Post Office Building where you can make your own stamps with your own photos right on the spot!
- Overnight at Thimphu

Day 2: THIMPHU (B/L/D)

- Buddha Point** (Kuensel Phodrang), it is a gigantic Shakyamuni Buddha statue constructed in the mountains of Bhutan. The statue houses over one hundred thousand smaller Buddha statues. You can get a good overview of the **Thimphu valley** from the Buddha point, the largest statue of Buddha in the country also sits there.
- Motithang Mini Zoo** where you can see the National animal **Takin research centre** where these odd animals graze peacefully in a small protected park.
- Tashichhoe Dzong**, the fortress of the glorious religion's houses the throne room of His Majesty, the King, the main secretariat building and the central Monk body.
- The National School of Traditional Arts** (it will be close during Bhutan school holiday period), where young monks learn the art of Buddhist thangka painting; the workshops for mask making and fine metal craft, weaving, ceramics and paper. Overnight in Thimphu.

Day 3: THIMPHU – PUNAKHA (B/L/D)

- Morning drive to **Punakha** at about 3 hours, crossing the **Dochula pass** - This Pass offers panoramic views of the Himalayan mountain ranges.
- The beauty of this place is further enhanced by the **Druk Wangyal Chortens** - with **108 stupas** built by the Queen. In clear weather, you can see the Himalaya Ranges with all snow covered.
- A short hike to **Chimi Lhakhang (Temple)**. A gentle walk thru beautiful farm houses and vast plains of rice fields. The monastery is dedicated to the **Divine Madman** who is popularly known as Drukpa Kinley. He inherited the divine madman title since he revolted against the orthodox Buddhism in his time. The temple is regarded as a sanctum of fertility and most childless couples usually make a visit to this temple to seek the fertility blessings. Overnight in Punakha.

Day 4: PUNAKHA (B/L/D)

- Khamsum Yuelley Namgyal** stands majestically on a strategic ridge above the **Punakha valley**. It is a splendid example of Bhutan's fine architectural and artistic traditions and the only one of its kind in the world.
- Punakha Dzong**, a massive structure built at the junction of two rivers. It is arguably the most beautiful dzong in the country. Overnight in Punakha tonight.

Day 5: PUNAKHA - THIMPHU – PARO (B/L/D)

- Rinpung Dzong**, built in 1645 to defend the valley against Tibetan invaders. A fine example of Bhutanese historic architecture. The Dzong is now used as an administration center and school for monks. Take a slow walk down to Rinpung Dzong Bridge, one of the oldest bridges in Bhutan.
- Ta Dzong**, which means "watchtower", was built by Choeje Minjur Tempa, the first governor of Trongsa, in the year 1652. The tower stood guard over the Trongsa Dzong to protect the main stronghold of the town.
- We will take a drive to the ruins of the **Drukgyel Dzong** which was once a historic monument built as a symbol of victory for the Bhutanese against the northern invaders.
- overlooking the beautiful snow-capped mountains of the Himalayas. **Haa Valley**, it is filled with paddy fields all around the county. Surrounded by mountains and vast grasslands, Haa valley is one of the most beautiful valleys of Bhutan.

Day 6: PARO (B/L/D)

- In the morning drive beyond **Satsam Chorten** to hike up to the **Taksang Monastery** (Tiger's Nest), one of today's sacred pilgrimage site where **Guru Padmasambhava (also known as Guru Rinpoche)** landed on the back of a tigress in the 8th century. The hike up the monastery takes up to 3-4 hours. The monastery is perched on the side of the cliff at the height of 900 meters above the Paro Valley.
- Kyichu Lhakhang**, built in 7th century, is one of the two oldest and most sacred shrines in Bhutan.

Day 7: PARO → SINGAPORE (B)

- Free time till transfer to Airport for your flight to Singapore, we hope you have enjoyed this wonderful trip with CTC Travel !

Remarks:

- Tipping for local guide/driver: **GV2: USD 8/day/passenger; GV3 and above: USD 5/day/passenger**
- Tour deposit is **S\$1500/pax**; and final balance of tour funds are due no later than 40 days prior to your departure.
- Chinese / English speaking tour guide; need to book in advance if request for Chinese speaking guide, no surcharge but subject to availability.
- Tour fare has **included the Bhutan visa fee**, a clear color scan copy (**full photo page**) is needed while processing entry visa
- Grade A hotel accommodation throughout, but hotel condition and facility cannot compare with other modern cities, we seek for your kind understanding.
- Bhutan is a challenging region to travel in for a wide variety of reasons. We CTC Travel, along with our partner operator reserve the right to make necessary changes to your pre-arranged and prepaid itinerary structure where unforeseen circumstances dictate such changes. Depending on circumstances a refund may not be offered for such late changes
- After deposits have been paid they become totally non-refundable and it is essential you have your travel insurance in place for your protection. CTC Travel and our partner ground operator take no responsibility for airlines amending flight times and/or cancelling and/or rerouting flights for operational reasons.



7天 最后的香格里拉—不丹王国 (BHUTU)

导语:

- 不丹的文化和西藏一脉相承，历史悠久，不丹历史古迹众多，而且风景优美，人文，风俗，习惯独具特点。美得让人心醉的不丹原始风光，碧野中田园牧歌似的村寨以及舒展的摄影天堂，您尽可以在梦境般的雪山碧水和森林绿野间感悟神秘美丽的不丹。热情好客淳朴的幸福国度的风土人情，看不尽的雪山森林河流峡谷风光，大通旅游精心策划最美丽别致的不丹深度旅游路线定会带给您超凡的体验！

第一天: 新加坡 → 帕罗 - 廷布 (晚餐)

- 机场-帕罗 (约6公里, 车程约20分钟) (海拔2280米)
- 帕罗-廷布 (55公里, 车程约1小时, 柏油路面+盘山路) (海拔2320米)
- 驱车前往不丹王国首都—廷布
- 国家纪念碑**, 这是按现代不丹之父, 三世国王晋美·多吉·旺楚克陛下的构想而建的标志性建筑, 意在祈祷世界和平和繁荣
- 国家邮政总局**, 定制一张个人头像邮票, 购买CD邮票及3D邮票都会是有趣的经历。
- 今夜宿廷布

第二天: 廷布 (早午餐)

- 廷布 (海拔: 2320米), 犹如明珠般镶嵌在廷布河谷, 是不丹王室和皇家政府的所在地
- 佛祖望**, 山顶建有据说是中国佛教徒布施的巨大的**释迦牟尼座像**, 不丹最大的一尊佛像。在这里俯瞰廷布和廷布河谷全景
- 塔金小动物园**, 不丹的国兽—塔金, 是一种羊头牛身的动物只有在不丹和世界其它很少几个地方才能够看见, 亦称为四不像。
- 扎西却宗**, 旺楚河西岸最为庄严盛大的一座城堡, 是国家行政及宗教中心, 政教合一的双重体制下现任国王主政场所以及内政部门所在地。幸运的话, 还可以看到不丹特有的降旗仪式。
- 如时间允许还可前往“**不丹国家绘画艺术学院**”(不丹学校假期期间不开放), 认识和了解不丹的文化和生活传统。宿廷布

第三天: 廷布 - 普纳卡 (早午餐)

- (77公里, 车程约3.5小时, 柏油路面+部分砂石路面+盘山路, 海拔1250米)
- 前往不丹旧都**普纳卡**。在3140米的**多雄拉山口**稍事休息, 眺望和观赏整个东喜马拉雅山脉巍峨壮丽、气势磅礴、蜿蜒千里的壮观景色, 在这片梦境般神秘美丽的土地上远离尘嚣, 感受彻底的心灵涤荡。这里的“108座佛塔”被称之为**楚克旺耶纪念碑**, 建于2005年, 为了祈祷世界和平和纪念剿灭不丹南部阿萨姆反政府武装中丧生的人。
- 不丹癫狂僧人朱卡库拉的**送子神庙切米拉康**, 朱卡库拉是不丹人广泛尊崇的圣人, 人称癫狂圣贤, 他也被认为是性和生育力的象征, 没有孩子的夫妻大多都会去他的寺庙祈祷, 据说无子女的妇女来此朝拜后便可怀孕。晚上抵达普那卡。

第四天: 普纳卡

(早午晚餐)

- 卡姆沙耶里纳耶纪念碑**, 不丹唯一一座全部供奉各类护法神的佛塔, 纪念碑的每一层都有不同保护神的神像, 堪称不丹建筑艺术的绝佳典范。全世界只有这样一座供奉着神佛, 作为庇佑国家的纪念佛塔。
- 普纳卡宗**, 不丹的第二座城堡, 直到1950年, 这里仍然是国家行政及宗教中心所在地, 是不丹统治者居住和举行重大政治和宗教仪式的重要场所。普纳卡宗是被公认的全不丹最美丽的宗堡, 特别是在春季, 环绕宗堡蓝紫色的蓝花楸盛开的时候, 整个河畔鲜花烂漫, 风光格外旖旎动人。宿普纳卡

第五天: 普纳卡-帕罗

(早午晚餐)

- (132公里, 车程约4小时, 柏油路面+部分砂石路面+盘山路) (海拔2280)
- 游览完毕途经廷布返回帕罗, 抵达帕罗游览帕罗宗—**日蓬堡**, 意为“一堆珍宝上的城堡”, 这里曾被用做保卫帕罗河谷的堡垒。建于1644年的帕罗宗和不丹其他堡垒一样, 是佛教寺庙又担有政府职能。著名的电影“小活佛”在此取景, 它也是不丹建筑最杰出的代表。用作瞭望塔的**塔宗**, 墙身有两米半之厚, 圆形外观据说是佛教吉祥法器海螺的形状。现已建成为不丹的国家博物馆, 珍藏有琳琅满目的不丹文物, 呈现了不丹历史自然、宗教文化和经济生活的各个方面。接着前往**杜克耶堡**, 为纪念不丹打败蒙藏联军而建, 一座韵味十足的宗堡遗址。这里曾经是前总指挥部, 一场大火使军事要塞的宗堡只剩断壁残垣, 在夕阳映衬下显得分外震撼和美丽壮观。如果天气情况好, 这里还是观看不丹第二高峰珠穆朗玛里雪峰的最佳地点。
- 俯瞰旖旎美丽的**哈阿河谷**, 深切感受天地宇宙的真实伟岸和震撼。隐秘的哈阿河谷, 不丹王国最美丽偏远的地区之一。

第六天: 帕罗

(早午餐)

- 虎穴寺**, 地势险要, 位于帕罗峡谷900米高的悬崖峭壁上, 景色雄伟壮观。现今的虎穴寺是不丹最神圣的佛教寺庙, 同时被誉为世界十大著名超级寺庙之一。从山下循着小路徒步穿过密林, 在半山腰的简易休息站休整后历时约3小时方可到达建于悬崖边的寺院。届时可依身体状况骑马或者徒步攀登, 即使下山也需要约2小时路程。虽然有幸踏入这座悬空的神秘佛殿, 但摄影摄像设备和背包都得寄放在寺庙之外。
- 吉曲寺**, 藏王松赞干布修建的不丹最老的寺庙

第七天: 帕罗 → 新加坡

(早餐)

- 今天结束行程前往帕罗机场告别喜马拉雅山国不丹, 搭乘豪华客机经加尔各答返回美丽家园新加坡。结束愉快旅行。

备注:

- 导游司机服务费: 两人团: USD8/客人/天; 3人以上团: USD5/客人/天**
- 由于不丹旅游的特殊性订金为SGD1500/人, 并在团队出发最少40天前还清尾款
- 大通旅游率先推出中/英文导游任您选, 无额外收费 (华语导游需提前预定)
- 团费已**包含不丹入境签证**, 请在报名时呈交护照原件, **需要完整首页彩色扫描副本申请签证**
- 全程当地A级酒店住宿, 但是不丹作为特殊地区, 条件有限, 酒店设施较为普通, 希望各位旅游观光者有合理的期望值。
- 由于不丹旅游为限定消费, 行程行进将根据客人具体情况执行, 个别景点在周末或假期可能关闭且不会预先通知, 如因节假日或客人行进速度致使增加或减少景点, 均不增加或减少费用。
- 因不可抗拒的客观原因和非我公司原因 (如天灾、战争、罢工等) 或航空公司航班延误或取消等特殊原因, 我司可能取消或变更行程, 一切超出费用 (在外延期签证费、住、食、交通费、国家航空运价调整等) 将由客人自行承担。建议客人安排旅游保险以承担部分额外费用
- 鉴于不丹旅游的特殊性, 一经确认报名机票和团费不能取消、更改和退还。

Commonwealth Travel Service Corporation Pte Ltd.
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